

CONGREGATIONS

Satisfying spiritual hunger



The soothing strains of live music create a relaxed, meditative environment at the Open Space program, hosted by Church of the Apostles, a Seattle-based worshipping community of the ELCA and the Episcopal Church.

The monthly gathering is open to the public and regularly attracts 10 to 40 people. Attendees enter quietly, silencing their phones. They set up yoga mats, pillows or cushions to relax on as they take time to enjoy the present in a comfortable, candlelit space.

"A lot of people who go to [Open Space] have nothing to do with [our congregation]," said Ivar Hillesland, pastor of Church of the Apostles. "It answers a longing they have for safe spiritual experiences within community."

The Seattle area has many who aren't affiliated with a church, and who may be wary or distrustful of religion, he noted.

"We're hosting a communal, spiritual place without the programming involved," Hillesland said. "It is evangelism, but we're not trying to get [visitors] to join the church."

Alex Mrakovich, a regular attendee, enjoys the serenity of Open Space.

"It's a space where my questions and judgments and fears can slowly be suspended as I practice being present to both myself and the vibrations and sound around me," Mrakovich said.

Mission Support funding from the churchwide organization enables Church of the Apostles to provide this community program as well as other ministries.

"It is because of the freedom granted to us through this funding that we are able to serve God and our neighbors most fully," Hillesland said.

He believes Open Space is satisfying Seattleites' deepest cravings. "Some churches offer food pantries that respond to the physical need for food. We offer a spiritual, musical experience for people who are hungry for that. ... It is spiritual food for people."

To find a video story about Open Space, visit ELCA.org/SOFIA.

