



*Engage, Learn, & Network Leadership Forum*  
**September 10th, 2020**  
**2PM-4PM Central Time**

*Join AJ French from Gift of Voice - a mental health and trauma recovery training center - to learn how faith communities can have conversations about suicide prevention, attempts and recovery that are helpful and not harmful.*



**Guest Speaker: AJ French**

**Topic**  
**Suicide: Prevention, Attempts & Recovery**

Talking about suicide can be difficult, but not talking about it can be deadly.

During this webinar we will discuss the following:

- Identify language which invites authentic discussion about suicide prevention, attempts and recovery.
- Recognize vulnerability to suicide.
- Be proactive and responsive to self and others.
- Acquire and share resources for prevention and recovery.

SEPTEMBER IS  
**SUICIDE  
PREVENTION  
AWARENESS  
MONTH**

*One conversation can change a life.*

## Our Presenter AJ French Biography

AJ French is the President & CEO for Gift of Voice, a mental health and trauma recovery training center operated by people in recovery. She also serves the Illinois Mental Health Planning & Advisory Council (IMHPAC) and the Protection & Advocacy for Individuals with Mental Illnesses (PAIMI). IMHPAC & PAIMI are both federally mandated councils.

French is considered a subject matter expert in mental health recovery, having participated in a White House briefing on suicide prevention and an interfaith discussion with the U.S. Surgeon General. With a heartbeat for policy and advocacy, her recent work includes systemically addressing suicide prevention during COVID-19.

She authored a letter to the Federal Communications Commission and obtained organizational signatures, strongly urging the FCC to provide free phone minutes and broadband connections so persons experiencing poverty could maintain connection. French is often sought out to deliver hope at national conferences, theological seminaries and for individuals who are incarcerated. Last year, she presented "How to Stay Well While You're Loved One's in a Cell" for the InterNational Prisoners Family Conference. She periodically writes mental health commentaries for various newspapers and magazine publications.

AJ lives in Madison County, IL and is a member of The Bridge Free Methodist Church.



**Please use the RSVP Link to register for the Engage, Learn, Network, Leadership Forum Webinar**

**WEBINAR RSVP**

**After registering, you will receive a confirmation email containing information about joining the meeting. If you will not be able to join us on the webinar or by phone, feel free to report your activities and questions by emailing us at [admin@pathways2promise.org](mailto:admin@pathways2promise.org).**

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