JOIN ELCA WORLD HUNGER THIS LENT!

ELCA World Hunger
Evangelical Lutheran Church in America
God’s work. Our hands.
HOW TO USE THIS GUIDE

As members of the Evangelical Lutheran Church in America (ELCA), we are called to be part of God’s work in the world. Through ELCA World Hunger, our church creatively and courageously works toward a just world where all are fed. Together, we can achieve things on a scale and scope we could never do otherwise.

Chances are your congregation is already making a difference in the fight against hunger and poverty by serving your neighbors, raising funds and collecting in-kind donations. First, thank you! This guide is designed to help you continue this good work with some new and popular resources.

FIND
Visit ELCA.org/Hunger to find nearly all the resources you see here and more.

CONNECT
Engage with the latest news and stories from ELCA World Hunger:

Facebook.com/ELCAWorldHunger
Twitter.com/ELCAWorldHunger
Instagram.com/ELCAWorldHunger

TELL US
Was your activity a success?
Send photos and stories to hunger@elca.org.

CONTENTS

40 Days of Giving ........................................ 3
Lent resources ............................................. 4
Children and youth ......................................... 6
Resources .................................................. 9
Save the date ................................................ 13
Coloring Sheets .......................................... 14
Journey with ELCA World Hunger this Lent as we join together to study, reflect and give during the 40 Days of Giving.

Experience how the grace of Christ moves us to engage in transformative works of love around the world through ELCA World Hunger as God calls us into the ministry of hope, liberation and restoration.

You're invited to participate with a new Lenten devotional calendar filled with ideas for how to engage in the Lenten disciplines, as well as a weekly study with reflections on how your gifts to ELCA World Hunger are at work in the world. Together, we'll connect our Lenten call to serve the neighbor with ELCA World Hunger’s work to end hunger and poverty. We invite you to focus your Lenten season by joining us during ELCA World Hunger’s 40 Days of Giving — for the love of Christ and for the good of our families, our neighbors and communities around the world.

Visit ELCA.org/40Days for more information, to order resources and to begin planning your congregation’s participation and fundraising.

ELCA.org/40Days

The 40 Days of Giving starts March 6, 2019.
40 Days of Giving: Practicing Lent

This Lent, walk with ELCA World Hunger as our church prepares for the ministry God calls us to this season — the ministry of hope, liberation and restoration for our world. The practices of Lent — repentance, prayer and fasting, sacrificial giving and works of love — will guide our own journey through the wilderness to the cross with Christ and back into the world to share the good news with our neighbors.

Order our Lenten devotional calendar, which is filled with ideas for daily engagement with the Lenten disciplines of self-examination and repentance, prayer and fasting, sacrificial giving and works of love.

Even more resources to guide your congregation’s Lenten journey

Dive deeper into the content provided in these resources each week during Lent through a weekly email from ELCA World Hunger. Visit ELCA.org/40Days to subscribe.

Reproducible stories

40 Days of Giving jar wrapper
Lenten litany

God of faithfulness, you led Israel through the wilderness to safety with a pillar of cloud by day and a pillar of fire by night. In the Spirit you led Jesus through the wilderness to the cross and empty tomb. God of faithfulness, lead us this holy season
to self-examination and repentance, prayer and fasting, sacrificial giving and works of love — strengthened by the gifts of word and sacrament.

God of love, your Son Jesus longs to gather us as a hen gathers her brood under her wings. God of love, gather your whole church, your whole world, together
to self-examination and repentance, prayer and fasting, sacrificial giving and works of love — strengthened by the gifts of word and sacrament.

God of reconciliation, your Son the gardener cares for the fig tree, protecting and cultivating it, feeding it and giving it more time to bear delicious and valuable fruit. God of reconciliation, cultivate us
to self-examination and repentance, prayer and fasting, sacrificial giving and works of love — strengthened by the gifts of word and sacrament.

God of forgiveness, while the son who had been lost was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. God of forgiveness, draw us into your arms and call us
to self-examination and repentance, prayer and fasting, sacrificial giving and works of love — strengthened by the gifts of word and sacrament.

God of mercy, Mary sat at Jesus’ feet, anointed them with costly perfume, and wiped them with her hair. God of mercy, call us to Jesus’ feet to spend our lives loving him and call us
to self-examination and repentance, prayer and fasting, sacrificial giving and works of love — strengthened by the gifts of word and sacrament.

Holy God, lead us and gather us. Cultivate, embrace and call us. Renew us in this holy season through your Son, Christ our Lord.

Amen.
“Who Is My Neighbor?” Vacation Bible School Curriculum

Do you find yourself already daydreaming about summer? If so, we encourage you to take a look at ELCA World Hunger’s newest Vacation Bible School (VBS) program, “Who Is My Neighbor?” available for order and download now.

Based on the Good Samaritan story, “Who Is My Neighbor?” engages children in a week of fun, laughter and play while learning about how we are called by God to love and care for our neighbors within our communities and around the world.
Did you know?


This full, five-day curriculum includes skits, small-group time, games, snacks, crafts and stories that will help participants explore what it means to be a neighbor in Christ by learning about neighbors in five parts of the globe.

We pray that the children in your VBS will see the ways God has blessed them and their neighbors — and the role they can play in God’s promise of a just world where all are fed.

The full “Who Is My Neighbor?” VBS curriculum is available now.

Visit Resources.ELCA.org to order free printed copies.

Download the full program at ELCA.org/Resources/ELCA-World-Hunger under the “Hunger Ed” tab.
Hunger Catechisms

ELCA World Hunger is excited to announce the completion of our confirmation lesson series, “Hunger Catechisms.” These sessions encourage understanding of the Small and Large catechisms as they relate to our faith, our personal life and our public life for confirmation, high school youth groups and mentoring programs.

Each lesson begins with Martin Luther’s teachings in both the Small and Large catechisms and discusses their spiritual implications and social applications. At the end of each lesson is an example of how the ELCA is working alongside neighbors within the U.S. and around the world through the ministry of ELCA World Hunger.

Each lesson focuses on a specific topic related to our call to justice:

- Economic justice (1st Commandment)
- Food insecurity (5th Commandment)
- Wage theft (7th Commandment)
- Immigration rights (8th Commandment)
- Gender equality (9th + 10th commandments)
- Environmental justice (1st Article of the Creed)
- Food waste (Daily Bread)

Use these sessions as discussion guides for youth groups, supplemental curriculum during confirmation lessons, in adult forums, mentor conversations and more.

Visit ELCA.org/Hunger/Resources and click on the "Hunger Ed" tab to download all seven sessions today.
Global Farm Challenge

Youth and adults from across the ELCA joined together in Houston last summer to celebrate Jesus’ life, death and resurrection and to state boldly, “This Changes Everything!” At the ELCA Youth Gathering, we had the chance to be part of that change in the lives of smallholder farmers through ELCA World Hunger’s Global Farm Challenge, our yearlong, youth-driven fundraising challenge to support the agriculture-related programs of ELCA World Hunger.

Together, our church raised more than $1.2 million to provide animals, seeds, tools, training and more to our farming neighbors around the world. Thank you!

At the Youth Gathering, youth and young adults participated in an unforgettable experience designed to immerse them in what it’s like to be a smallholder farmer around the world. Today, you can bring this experience home to your congregation with these new resources.

The Global Farm Challenge
Do-it-Yourself Field Experience track

The “Field Experience,” a do-it-yourself track, gives youth and adults the chance to walk through one season as smallholder farmers and to learn about the challenges — and opportunities — they face.

Seeds of Change in Malawi: A 360-degree video experience

In Malawi, more than 70 percent of the population live on less than $1.90. Most families rely on their farms for food and income. In “Seeds of Change in Malawi,” you will meet one such family — the Nkhoma family — in a new 360-degree immersive video experience. See how gifts to ELCA World Hunger can help families like the Nkhomas as they uncover new opportunities for more secure, healthier lives. “Seeds of Change in Malawi” can be viewed online at YouTube.com/ELCA or downloaded and experienced in a virtual reality headset.

Visit ELCA.org/GlobalFarmChallenge to view and download these resources today.

Engage members of all ages in supporting the Global Farm Challenge with these fun resources:

Visit Resources.ELCA.org to order free coin boxes and sticker sheets.
RESOURCES

Educate, engage, inspire

Visit ELCA World Hunger’s Vimeo channel to find a series of short videos you can share with your congregation during worship, temple talks, youth lessons, Bible studies and more. Choose from a variety of videos designed to connect your congregation to people and communities whose lives are changed through your gifts to ELCA World Hunger here and in more than 60 countries around the world.

Check out all of ELCA World Hunger’s videos at Vimeo.com/Channels/ELCAWorldHunger or on the ELCA World Hunger playlist at YouTube.com/ELCA.

New!

East Boston Community Soup Kitchen

Rebecca’s Story

Holistic Ministries

Until All Are Fed

Global Farm Challenge: We did it!
RESOURCES

Robyn’s Story
Kanchan’s Story
DIKO Marie’s Story
Kenneth’s Story
The Kafley Family’s Story
Virginia Quispe’s Story
The Lingson Family’s Story
Global Garden Reminds Refugees of Home
ELCA World Hunger bulletin insert

Include this new, expanded ELCA World Hunger insert in your worship bulletin or use it as a brochure on a resource table. Learn more about how your gifts are making an impact and get an overview of our church’s response to hunger and poverty.

ELCA World Hunger posters

Display our 14”x22” posters in a prominent place to show your congregation’s support for ELCA World Hunger.

Visit Resources.ELCA.org to order free bulletin inserts and posters today.
Get ready for Valentine’s Day

On the Sunday before Valentine’s Day, spread the love to ELCA World Hunger’s ministries throughout the world with ELCA Good Gifts grams and children’s color-your-own valentines. ELCA Good Gifts grams may be purchased in honor of your friend, child or significant other to celebrate Valentine’s Day. Take a donation for these ELCA Good Gifts grams prior to Valentine’s Day before or after worship as a special way to celebrate the holiday while giving to ELCA World Hunger. Special coloring sheets are also available for kids of all ages — check out samples on the next two pages of this guide!

Visit Resources.ELCA.org to order your Valentine’s Day grams today. Coloring sheets are available for download at ELCA.org/Hunger/Resources under the “General” tab.

World Water Day

For World Water Day 2019, bring the ELCA World Hunger Walk for Water experience to your congregation. The do-it-yourself program gives you step-by-step instructions on how your group can experience what it’s like to carry a 5-gallon jug of water (41.5 pounds) through a simulated water collection experience. Throughout the simulation, each person follows one of five “stories” to guide them along the track. Along the way, participants will confront different obstacles that help them realize some of the struggles those walking for water may encounter.

Download this guide for free at ELCA.org/Hunger/Resources under the “General” tab.
What’s the buzz about bees? Beeswax is used to make handcrafted soaps and candles, and honey and pollen can be sold at the market. But that’s not all — their mere presence on a farm means they are pollinating plants and boosting crop growth throughout the wider community. Bees, hives and training in beekeeping can go a long way for a family in need.

www.ELCA.org/goodgifts
Not long after being planted, a fruit-tree provides nutritious fruit to help children and families stay healthy and feel less hungry year after year. These trees are especially valuable in countries with dry climates. Certain citrus varieties, like tangerine trees, thrive in the driest conditions and help families survive drought.

www.ELCA.org/goodgifts
Learn more about new resources inside!

Vacation Bible School program
Global Farm DIY track experience
Global Farm 360 video

Lenten Study Guide
40 Days of Giving calendar

ELCA World Hunger’s 40 Days of Giving

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