### FEBRUARY

**22 WED**
**ASH WEDNESDAY**
O God, help us as we take up your invitation to prayer and simplicity, that the discipline of these 40 days might sharpen our hunger for justice. Hear us, O God. Your mercy is great.

**23 THU**
**Today would be a good day to set a goal** for your giving to ELCA World Hunger as part of 40 Days of Giving. Write it down and refer back to it throughout the season.

**24 FRI**
**“As a person who has needed advocacy, I invite you to step in [to consider advocating for others] with open exploration for where God’s grace and mercy may abide.”**
—Drashawn Hayes in ELCA World Hunger’s new housing guide.

**25 SAT**
**“Be with us through this season, Lord, and all our earthly days, when the final Easter dawns, we join in heaven’s praise.”**
—“O Lord, Throughout These Forty Days” (ELW 330)

**26 SUN**
Read and reflect on today’s Gospel, Matthew 4:1-11. Then, read the Week One material in ELCA World Hunger’s Lent study guide.

### MARCH

**1 WED**
**Loving God, overturn our love of worldly possessions and fix our hearts more firmly on you, that, having nothing, we might yet possess everything, a treasure stored up for us in heaven. Hear us, O God. Your mercy is great.**

**2 THU**
**“Let justice flow like streams of sparkling water, pure, enabling growth, refreshing life, abundant, cleansing, sure.”**
—“Let Justice Flow Like Streams” (ELW 71)

**3 FRI**
**“You are a hiding place for me; you preserve me from trouble; I lift up my eyes to the hills — from where will my help come? My help comes from the Lord, my strength comes from the Lord.”**

**4 SAT**
**“I lift up my eyes to the hills — from where will my help come? My help comes from the Lord, who made heaven and earth.”**

**5 SUN**
Read and reflect on today’s Gospel, Matthew 7:1-11. Then, read the Week Two material in ELCA World Hunger’s Lent study guide.

### April

**6 MON**
**“An ‘aging congregation’ has run out of ways to connect with their community. We have members who are aging, but our community is young!”**

**7 TUE**
**God of patient love, we pray for grace to take your generous gift and step with courage on this holy path, confident in the radiant life that is your plan for us, made known and given in Jesus Christ, our Lord. Hear us, O God. Your mercy is great.**

**8 WED**
**Attending a farmer field school ($75), a woman can learn how to grow a diversified vegetable garden, giving her family food security, additional income and hope for the future.**

**9 THU**
**“One bread, one body, one Lord of all; one cup of blessing which we bless, and we, though many throughout the earth, we are one body in this one Lord.”**
—“One Bread, One Body” (ELW 409)

**10 FRI**
**“We are taking chances to try something new, and we can learn from each other in the process.”**
—Mariela, Cuba

**11 SAT**
**Goats ($50) survive and thrive where other animals can’t. They truly are lifesavers for families navigating some of the world’s most difficult terrain.**

**12 SUN**
**“If you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.”**
—Isaiah 58:10.

**13 MON**
**“Lord, you give justice in all oppression, maintain the right, set prisoners free. You feed the hungry in your compassion; healing and life flow from your tree.”**
—“Praise the Almighty!” (ELW 877)

**14 TUE**
**“Let Justice Flow Like Streams” (ELW 71)

**15 WED**
**“One bread, one body, one Lord of all; one cup of blessing which we bless, and we, though many throughout the earth, we are one body in this one Lord.”**
—“One Bread, One Body” (ELW 409)

**16 THU**
**Scan the QR code to read Nong’s story in the spring 2022 edition of “LifeLines” (p. 4)!**

**17 FRI**
**The world produces more than enough food to feed every person — but the number of people experiencing hunger is growing. Just $2 a day can have a significant impact toward sustainable solutions that end hunger and poverty.**

**18 SAT**
**See the impact of your generosity to ELCA World Hunger by choosing a video to watch on our Vimeo channel. Thank you for supporting innovative solutions that get at the root causes of hunger!**

Vimeo.com/Channels/ELCAWorldHunger

**19 SUN**
**Read and reflect on today’s Gospel, John 9:1-41. Then, read the Week Four material in ELCA World Hunger’s Lent study guide.**

**20 MON**
**“Let Justice Flow Like Streams” (ELW 71)
“God’s invitation for us to build a just world where all are fed comes out of our own experience as people saved by grace. As told in Holy Scripture, the entire history of the people of God is the story of God being present with the people, especially when they felt alone.” Revisit this lesson in ELCA World Hunger’s Lent study guide Week Two material.

Even the most experienced farmers — such as Hasani — can transform their harvests and their futures with access to seeds and tools ($50) along with agricultural training.

“Alice’s Garden is truly a pocket of paradise in an urban landscape.”
— Sierra

Scan the QR code to read the Lutheran history of welcome on the Lutheran Disaster Response blog.

“Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long.” (Psalm 23:6).

“By your hand you feed your people, food of angels, heaven’s bread. For these gifts we did not labor, by your grace we have been fed.”
— By Your Hand You Feed Your People (ELW 469)

Christ our God, hold us in your embrace as we wait for Easter’s dawn. Comfort us with the promise that no power on earth, not even death itself, can separate us from your love. Hear us, O God. Your mercy is great.

He is not here, but has risen! Alleluia!

Read, reflect on today’s Gospel, John 20:1-18 or Luke 24:1-12. Then revisit a favorite hymn, Scripture or ELCA story from as we enter into Holy Week.

As many as 811 million people around the world are undernourished. Your gifts matter. Keep learning about how you can make an impact by visiting ELCA.org/Hunger. Thank you.

Scan the QR code to read Marta’s story in Living Lutheran!

Scan the QR code to read the Lutheran history of welcome on the Lutheran Disaster Response blog.

Two material.

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