

# Companionship Training Workshop



Hospitality Neighboring Side-by-Side  
Listening Accompaniment

Learn how to support the individuals in your community who live with mental illness, insecure housing, or chemical dependency and move from a transactional exchange to relational engagement, enabling substantive change with Companionship:

A three-hour course that provides an effective approach to the practice of mental health ministry through which any caring human being can reach out and help another who is in distress.

## Participants will learn:

- The five practices of Companionship
- Skills to listen consciously and with openness
- Skills to maintain an awareness of limits and boundaries
- Skills to ease the isolation these difficulties often bring

## Who should take a Companionship course?

Any secular and faith-based communities who are engaged with and support those who are disadvantaged using the practice of Companionship, through ministries of hospitality and outreach.

*Companionship is managed, operated, and disseminated by:  
Pathways to Promise & The Mental Health Chaplaincy*

Hosted By:



**Evangelical Lutheran  
Church in America**

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**Monday  
February 11, 2019**

**Time: 1:00 – 4:00 p.m.**  
(Pre-registered lunch at noon)

**Augsburg Room  
Evangelical Lutheran  
Church in America**

8765 W. Higgins Road  
Chicago, IL 60631  
(ADA accessible)

## Sponsors:



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For more information on Companionship,  
visit [thecompanionshipmovement.org](http://thecompanionshipmovement.org)  
or email

[info@pathways2promise.org](mailto:info@pathways2promise.org)