DO YOU EVER FEEL

• Trapped
• Controlled
• Physically or emotionally unsafe

in your home or relationship?

If so, you may be in an abusive relationship.

You are not alone. Call the number below to talk with someone.

National Domestic Violence Hotline
800–799–SAFE (7233) or 800-787-3224 (TTY)

thehotline.org

(24/7, anonymous, confidential, translators available)

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