

"My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed."

- Luke 1:46-48

Mary's song to God is a heartfelt hymn of praise to the One who keeps promises, lifts up those the world pushes aside and fills with good things all those who hunger. It is a powerful reminder of the might and mercy of God revealed to us in the baby who will be born Christmas morn.

This Advent, ELCA World Hunger draws on the popular hymn "Canticle of the Turning," based on Mary's song, for its theme – "The world is about to turn." The "turning" of the world, promised by the prophets and begun in the birth, life, death and resurrection of Christ, is the ground of hope for all who hunger and thirst for the fullness of God's reign. And it is an invitation to each of us to be part of the revealing of God's work in the world.

Advent is a season of hope and expectation. It is a season in which we "prepare the way of the Lord" (Mark 1:3). Advent candles, wreaths and calendars are joined with as-yet unfinished nativity scenes to mark our preparations for the birth of Jesus Christ. This year, ELCA World Hunger's Advent Study celebrates this season with reflections focused on the preparation of the people of God for the work of the new year – the work of feeding, clothing, accompanying and advocating with our neighbors for a just world in which all are fed.

The four sessions of this Advent Study and the accompanying Advent calendar are based on the Scripture readings for each week of Advent. They can be used during worship, educational forums or special Advent services, at home or in small groups for personal reflection as we prepare for the Christmas season and the coming new year. Each week includes a meditation on the theme, reflection questions, a prayer and hymn suggestions.

The four themes are:

- Beginning at the end: suffering and hope (Mark 13:24-37)
- Our baptismal calling (Isaiah 40:1-11; Mark 1:1-8)
- "Movers and shakers" (John 1:6-8, 19-28)
- "The world is about to turn" (Luke 1:26-38)

May you, your family and your community be blessed this season to see the important role the people of God are called to play in God's transformation of the world – as individuals, as families and as the church together.



WEEK 1 | Beginning at the end: suffering and hope



Isaiah 64:1-9 Psalm 80:1-7, 17-19 I Corinthians 1:3-9 Mark 13:24-37

We begin at the end, and we will end at the beginning. What an odd way to go through Advent! We enter this season of expectation of Jesus' birth and the advent of his ministry, only to start by hearing the words of Jesus describing the end of days. In a few weeks, we will celebrate the beginning of Jesus' incarnate life among us.

We begin at the end, and we will end at the beginning.

The heavy thumb of Roman rule, high taxes and widespread vulnerability to poverty were all part of everyday life in first century Palestine. The people among whom Jesus would be born were eager for the Messiah who would deliver them. And there was no shortage of "false messiahs" (Mark 13:22) claiming to offer salvation. Some promised military victory over the Romans. Others claimed gifts of magical power and prophesied re-taking the temple.

And yet, here, in the Gospel of Mark, the true Messiah comes offering a very different story. The people of God will not ride triumphantly into Jerusalem – they will "flee to the mountains" (13:14). They will not re-take Jerusalem and its temple – "all will be thrown down" (13:2b).

But "after that suffering" (13:24) ...

In the end ...

WEEK 1 | Beginning at the end: suffering and hope

Of all the Gospels, Mark is perhaps the most honest about suffering. Facing persecution at the hands of Rome, early Christians needed a message that was honest about suffering. More than that, they needed to know that God was honest about their suffering. In Mark, Jesus does not hold back in naming that suffering. The Messiah is born into suffering. The people will face suffering. He himself will suffer.

This wasn't a newsflash to first century Jews any more than it is to the millions of people today for whom suffering is a mournful part of life – those who know the pangs of food insecurity, those who long for clean water, those who grieve the loss of their homes or their jobs. The idea that suffering is a part of life is sadly nothing new to so many of us. But Jesus makes clear two things that transform how we understand suffering. First, God knows our suffering. And, second – God rejects it.

The "great buildings" (13:2) in Jerusalem, which occasioned the beginning of Jesus' long speech in Mark 13, were not merely beautiful examples of architecture. They were symbols of the powers and principalities that maintained systems of oppression and marginalization and would eventually carry Jesus to the cross. They seemed imperishable, unshakable, overwhelming.

But the world is about to turn. And those walls are coming down.

Advent is a season of hope and expectation, but with Jesus' exhortation in Mark 13:33 ("Beware, keep alert"), we move from "Advent as anticipation" to "Advent as active alert." As we await the birth of the Messiah, let Advent be a season not of patience but impatience, not of passivity but activity, seeking out those places where God is already at work undoing systems of suffering and living in the daring confidence founded on faith in the promised end of suffering, sin and death.

WEEK 1 | Beginning at the end: suffering and hope



Reflection questions

- 1. How has God been present with you in your suffering?
- 2. Where do you see suffering in the world today? How are people of faith actively working to end it?
- 3. As people of faith who believe God rejects suffering, how are we called to respond to suffering in the world?
- 4. What is the difference between patient anticipation and being on "active alert" during Advent?



Prayer

Loving God, in your incarnation, you took on to yourself our humanity and our suffering. Be present with us today as we face the pain of hunger, thirst, war, disease and neglect. Keep fresh in our hearts your promise of an end to suffering and an eternity of well-being with you. Send us out among our neighbors, that we may share with them your promise and share with you in the transformation of our world. In the name of your son, Jesus Christ. Amen.



Hymn suggestions

Canticle of the Turning ELW 723
The People Walk *(Un pueblo que camina)* ELW 706
Each Winter As the Year Grows Older ELW 252





Isaiah 40:1-11 Psalm 85:1-2, 8-13 2 Peter 3:8-15a

"In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain." (Isaiah 40:3-4)

A voice cries out in the wilderness, "Prepare the way of the Lord!"

What does baptism look like in your congregation? How is it celebrated? What rites are practiced? Without consulting an official survey, it's probably a safe bet that most baptisms don't involve camelhair vestments, locusts during the after-service meal, or much crying out (except, perhaps, for an infant who just got doused).

Perhaps this wasn't even what most folks reading Isaiah envisioned when they first encountered John the Baptist, the strange messenger assembling a following from "the whole Judean countryside" (Mark 1:5). But the Gospel makes clear the link between John and the one prophesied in Isaiah, the one who would announce the coming of God's salvation in the form of the Messiah.

The voice crying out, the one Mark identifies as John the Baptist, "calls for a radical transformation of earthly topography in prelude to a mind-blowing revelation of the glory of the Lord to all people."

The very natural landscape of the earth will be changed by the arrival of the One who is to come. The author of 2 Peter keeps up this theme, proclaiming that "the heavens will pass away with a loud noise, and the elements will be dissolved with fire, and the earth and everything that is done on it will be disclosed" on the day of the Lord (2 Peter 3:10).

The world is about to turn, mightily, and that transformation is coming.

Mark's brief but powerful introduction to John the Baptist is a prelude to Jesus' baptism and the beginning of his ministry. Voices crying out, the transformation of the earth proclaimed, and release to captive Jerusalem is announced (Isaiah 40:1). It is quite the scene!

So, again, the question – what does baptism look like in your congregation?

In baptism, we are made children of God, "sealed by the cross of Christ forever." In the covenant of baptism, Lutherans believe we are claimed by the power of grace, gathered into community with one another, and sent by God's grace into the world. When we affirm our baptism, we affirm our identity as part of the body of Christ with a solemn vocation to:

- live among God's faithful people;
- hear the word of God and share in the Lord's Supper;
- proclaim the good news of God in Christ through word and deed;
- serve all people, following the example of Jesus; and
- strive for justice and peace in all the earth.

In baptism, we are baptized into Jesus' death and resurrection, but we are also baptized into the transformation of the world that God is enacting, a transformation that heralds "new heavens and a new earth" (2 Peter 3:13) in which "God's glory may dwell in our land" (Psalm 85:9).

John's pronouncement, drawing on Isaiah's prophecy, is "comfort" to the people who wait with eager longing for redemption and a word of warning to their oppressors: *the world is about to turn*, make straight the paths. Change is coming, and that right soon.

We, the people of God, are called to be part of that change. In baptism, we are commissioned to unceasingly live, hear, proclaim, serve and strive for the transformation of the world. As it was in Jesus' time, the baptismal announcement today should be joyous news to those anxiously awaiting transformation and terrible news for those who would perpetuate an oppressive and unjust status quo.

What would it look like for the pronouncement of Isaiah and John the Baptist to shape our own practices of baptism, to see the sacrament as the sacred calling, gathering and sending of one who will be part of the very transformation of the world? "I introduce you to the newest member of the body of Christ!" would be words that would shake the foundations of the community, for they would announce the re-birth of a person into the work of God "who is turning the world around!"



Reflection questions

- 1) How can our celebration of baptism better reflect the commissioning of new Christians to be part of God's transformation of the world? How does our celebration of baptism already do this?
- 2) What voices do we hear "crying out" today, declaring the need for transformation of the world? What "voices crying out" today do we hear *proclaiming* the transformation of the world?
- 3) Re-read the baptismal covenant quoted above. What do each of these commitments mean to you? How do you live them out in your life?



Prayer

Gracious God, in baptism, you welcome us to fellowship with you and claim us as your own. Give us strength and courage to live out our baptismal vocation as a sign of hope to all who await the fullness of your reign. Open our eyes and hearts to see your hands at work in our world, reconciling all creation to you. In the name of your son, Jesus Christ, into whose death and resurrection we are baptized. Amen.



Hymn suggestions

There's a Voice in the Wilderness ELW 255 Prepare the Royal Highway ELW 264 I'm Going on a Journey ELW 446



WEEK 3 | "Movers and shakers"



Isaiah 61:1-4, 8-11 Psalm 126 or Luke 1:46b-55 1 Thessalonians 5:16-24 John 1:6-8, 19-28

Have you ever thought of the "movers and shakers" in your community? This is one collective term we often use to describe the people we think of as powerful, important or effective in their leadership. Perhaps they have enough money to buy whatever they want or need. Perhaps they have a seat at important tables where decisions are made. Perhaps they have friends in high places or are in positions of influence. These are the people who "keep the world turning." At least, that's what most of us think.

The Gospel reading this week describes John the Baptist encountering people sent by the Pharisees as a sort of screening committee, checking his references and reviewing his qualifications for ministry. "Are you Elijah?" they ask. "Are you the prophet?" (John 1:21). John the Baptist replies in the negative. He is simply a camel-hair wearing, locust-eating "voice of one crying out in the wilderness" (John 1:23). Yet, this "voice" is one of the most important the people can hear at that moment. The questioners go away dissatisfied; clearly, this crazed man does not have the pedigree it takes to be baptizing and preaching.

Pharisees often get a bad rap in Christian Scripture and history, though they were devout Jews, who believed sincerely in God's law and God's promises. Until the middle of the first century, they were known for their ministry among the people in what might have been called the working class of Palestine. Like John the Baptist and other Jews, they knew what Isaiah had prophesied about "good news to the oppressed"

WEEK 3 | "Movers and shakers"

(61:1) and "the year of the Lord's favor" (61:2). The problem wasn't that they didn't believe, or worse, that they didn't want release for those held captive. The problem was that they didn't believe God would choose to announce this through a person who wasn't a "mover or shaker" in the Jewish world.

Yet, the people God chooses to work through in Scripture are often not the people we see as successful, powerful and important. They are tax collectors, shepherds, fishermen, women, craftspeople and even former criminals who would barely merit a second glance in the temple – unless of course, the temple authorities wanted to throw them out. Yet God lifts them up as disciples, prophets, rulers and priests.

So often, our attention is focused in the wrong places, and we miss what God is working on in our midst. Our eyes are on people with wealth, power and influence – at least, the kind of wealth, power and influence our culture deems worthwhile – and we can fail to see the transformation God is enacting in the overlooked spots in our communities. While the Pharisees were looking for salvation in other places, a poor young woman from an unimportant town was carrying a child that would announce the Advent of Isaiah's promise.

As many of us look to the traditional centers of power for signs that the world is turning, the world is already turning in our communities. In Minneapolis, youth participating in St. Paul's Lutheran Church's Young Leaders Program are taking part in the transformation of their community through art, gardening and entrepreneurship. The word "youth" often implies negative stereotypes – too young, too unruly, too childish. But at St. Paul's, the community knows that "youth" often means creative, intelligent and motivated leadership – the kind of leadership that can change a community for the better. Their world is turning because God is working through youth and adults who know that real power is not always found in the places we expect. Their work is supported in part by ELCA World Hunger.

WEEK 3 | "Movers and shakers"

While Advent is a season of waiting for the fulfillment of God's promises, the Gospel of John, the prophecy of Isaiah and the song of Mary (Luke 1:46b-55) invite us to recognize that God is already at work, "moving and shaking," in communities our stereotypes about power might make us overlook.



Reflection questions

- 1) What does it mean to have power? Who has power in your community?
- 2) How have we acted as "screening committees," denying the worth of the people God might work through in our community or church? How can we remain open to God at work among and through everyone we meet?
- 3) What are some ways that our congregation can be part (or is part!) of the transformation God is enacting in our community?



Prayer

God of all our hopes, we wait with expectation for the coming of your son into the world. Forgive us for the ways in which we have been blinded to your presence by worldly wealth and success. As we long for Christmas Day, keep our eyes open to your presence in our midst – in one another, in our neighbors, in the people at our doors. Open our hearts to receive the promise you reveal to us through each other and all creation. In your holy name, we pray. Amen.



Hymn suggestions

Unexpected and Mysterious ELW 258 All Earth Is Hopeful ELW 266 My Soul Does Magnify the Lord ELW 882



WEEK 4 | The world is about to turn



2 Samuel 7:1-11, 16 Luke 1:46b-55 or Psalm 89:1-4, 19-26 Romans 16:25-27 Luke 1:26-38

From the halls of power to the fortress tower, not a stone will be left on stone.

Let the king beware for your justice tears every tyrant from his throne.

The hungry poor shall weep no more, for the food they can never earn;

These are tables spread, ev'ry mouth be fed, for the world is about to turn.

- Canticle of the Turning ELW 723

Mary's Magnificat in the Gospel of Luke, paraphrased in Rory Cooney's 1990 "Canticle of the Turning," is a powerful testimony of the fulfillment of God's promise to those for whom the current state of the world just isn't working. It is a striking testimony to the depth and breadth of God's love and the significance of God's promise, a promise that includes not only eternal salvation but also justice here and now.

The Food and Agriculture Organization of the United Nations estimates that there are nearly 800 million people who are undernourished worldwide. This is a tremendously positive change from the early 1990s, when more than a billion people lacked access to the sufficient food. Change is possible. But so much more work needs to be done.

For the first time in a decade, famine was declared this year, with more than 100,000 people in South Sudan caught in the midst of a humanitarian crisis. One million more people in South Sudan were at

WEEK 4 | The world is about to turn

severe risk of famine. That's not even to mention the other countries where the risk of famine is imminent: Yemen, Somalia and Kenya. Access to this most basic of needs – food – is rapidly eroding for many of our neighbors. At the same time, many others have been driven from their homes by violence, drought and fear, their arrival in refugee camps and on coastlines and borders challenging the depth of our commitment to hospitality for the stranger.

In Advent, we focus a lot on waiting, expectation, and hope for the future. But for our neighbors who hunger, thirst and flee now, the church's witness cannot just be about the future. And as Lutherans, we know it is not. The world is about to turn, certainly, but Advent is also a celebration that the world has turned, that the fulfillment of God's promise has already begun.

Mary's Magnificat is more than a song of anticipation. It is a song of invitation, inviting us to "magnify" the One who has "done great things ... shown strength with God's arm ... scattered the proud ... put down the mighty ... exalted those of low degree ... filled the hungry with good things [and] helped God's servant Israel" (Luke 1:49-54). Mary's song recalls Isaiah's prophecy and points forward to Jesus' declaration: "Today, this scripture has been fulfilled in your hearing" (Luke 4:21).

The Christmas season that the end of Advent ushers in is just the beginning of the work of God through the church in the world.

In the first session in this study, we began at the end, and now, we end at the beginning. Mary's song invites us to carry the promise of God forward, to take with utter seriousness the task ahead, with faith that the world has turned, is turning, and will continue to turn as God's promises unfold. It is an invitation to see Advent as preparation for both the bright dawn of Christmas and the work that lies ahead.

WEEK 4 | The world is about to turn

Theologian and poet Howard Thurman in his reflection on Christmas captures this sense of invitation in his poem, "The Work of Christmas":

When the song of the angels is stilled,
When the star in the sky is gone,
When the kings and princes are home,
When the shepherds are back with their flocks,
The work of Christmas begins:
To find the lost,
To heal the broken,
To feed the hungry,
To release the prisoner,
To rebuild the nations,
To bring peace among the people,
To make music in the heart.

We end at the beginning. Advent commemorates Mary's preparation for a new life growing inside her, a life that represents the coming of a new era. This new life is a turning that brings hope to those who have lived in desperation – and brings anxiety to the powerful who have fostered injustice. Advent is also a story of God's preparation of us, preparing our church to reveal the transformation of the world that again will offer hope to those who continue to live in desperation – and will again bring potent anxiety to those who continue to foster injustice.

²From Howard Thurman, *The Mood of Christmas and Other Celebrations* (Richmond, IN: Friends United Press, 1973), 23.

WEEK 4 | The world is about to turn



Reflection questions

- 1) What does Mary's Magnificat mean for us today?
- 2) Looking back on the past year, how has our congregation borne witness to God's promise of hope for our world? For our local community?
- 3) How can or has our Advent journey prepared us for "the work of Christmas" year-round?
- 4) Reflect on each of the lines of the verse from "Canticle of the Turning" and Thurman's poem quoted on page 16. Which "works of Christmas" in Thurman's poem highlight the church's role in revealing the changes God is enacting in the song?



Prayer

Merciful God, you have filled the hungry with good things, remembered your people Israel in your mercy, and lifted up all those of low estate. Grant that we may be filled, remembered and lifted up this Advent. May the work of your promise within us inspire our work of Christmas within our world. Bless our efforts toward justice, peace and wholeness for all creation. In your holy name. Amen.



Hymn suggestions

Canticle of the Turning ELW 723 O Day of Peace ELW 711 Hark, the Glad Sound! ELW 239



Blessing of food baskets

Today, we ask God's blessing on these baskets of food, that they may nourish those who receive them, that they may display the bounty of God in their contents, that they may show the fruits of love of neighbor, that they may open our eyes to our shared hunger, that they may be reminders of the goodness God has promised us all. Amen.

Blessing of clothing

Mighty God, our shield and protector, by your hand we are sustained and sheltered. We trust in your promises to us and walk in faith in your abundant provision for our every need. When the first humans discovered their nakedness and vulnerability to one another and to creation, you crafted them clothing to protect them from the elements. As we face a cold and unpredictable winter, keep our eyes and hearts open to our neighbors who today are vulnerable. Bless these gifts of clothes that they may bring comfort and warmth to those in need. Let these gifts be symbols of the perfect clothing of Christ, which unites us as one community in Jesus Christ and heirs of his promise. Amen.

Blessing of offering

Abundant God, all creation displays your goodness. For those who hunger, you provide food. For those who thirst, you give water. For those who wander, you promise a home. You have blessed us with your gifts that we may share these gifts with our neighbors. Bless these offerings, that they may be signs of your grace in our world. As we share with others, keep us mindful of our own need – for food, water, shelter and community. May our gifts be an invitation to a deeper relationship with each other and with you. In the name of Jesus Christ, your gift to the world. Amen.

As members of the Evangelical Lutheran Church in America, through ELCA World Hunger, we commit to pursuing a world of justice where all are fed.

Your gifts to ELCA World Hunger support effective programs in more than 60 countries, including the United States. Through your gifts, this church is empowered to accompany our companions and neighbors responding to hunger and poverty around the world.

